An Investment Plan for Busy People
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No recommendation of any company or investment scenario discussed in this session is intended-only as a starting point for study.

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| An Investment Plan |
| :---: |
| for Busy People |
| The Handout is a summation |
| $\frac{\text { Bob.at.seattle@gmail.com }}{\frac{\text { www.bob-adams.net }}{}}$ |
| $\frac{\text { www.betterinvesting.org/puget }}{\text { www.betterinvesting.org }}$ |

A "Set and Forget" Investment Plan

- Is it really that easy?
- Only if you start
-How well can you do?


## A "Set and Forget" Investment Plan

- Invest in Index funds
-What's an index fund
- S\&P 500
- Dow Jones Industrial Average
- NASDAQ
- A selected group of companies - Represent an average of the market


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Suze Orman says: Invest \$100 a month for 40 years ~\$1,000,000


## Start later: Small Cap Index Fund




Suze Orman says: Invest \$100 a month for 30 years ~ \$300,000


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## Compare Costs and Results



But there are expenses:

Why Are Expenses Important?

An Example

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## Why Are Expenses Important?

- Fee: Annual Maintenance 1.3\%
- Uncle Sam taxes Mutual Fund Capital Gains Each year 100-300\% portfolio turnover
Taxes: Mutual Fund investors $=1.43 \%$ *
- Fee:12b(1) Advertizing $=0.25 \%$ (no load fund)
- Fee:Transaction $=1 \%{ }^{* *}$


## Result:

$1.3 \%+1.43 \%+.25 \%+1 \%=\sim 4 \%$ annual cost

** John Bogle - Common Sense Investing
$\qquad$



But there are expenses:

S\&P 500 Index fund expense examples

## Expenses Are Important Ask Questions

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## Index Funds-Fees

|  | Index 500 funds | Expense ratio | w/Load charges |
| :--- | :--- | :--- | :--- |
|  | Fidelity Spartan | $0.07 \%$ | None |
|  | Vanguard Admiral $^{*}$ | $0.09 \%$ | None |
|  | Vanguard Regular $^{2}$ | $0.18 \%$ | None |
| 0 | T. Roe Price | $0.35 \%$ | None |

* Minimum investment and/or specified holding period

| \% | Morgan Stanley | 0.64\% | 1.40\% |
| :---: | :---: | :---: | :---: |
| O | Wells Fargo | 0.64\% | 1.39\% |
| $\bigcirc$ | Evergreen | 0.56\% | 1.31\% |
| - 직 | J. P. Morgan | 0.53\% | 1.30\% |

## Index Funds—Fees

"We have to wonder what allows the truly expensive funds to exist. Answer: Marketing and hype can be more influential than real data."

Scott Burns - syndicated columnist

## Expenses for Index ETF

 (Exchange Traded Fund)- ETF - Low Annual Fee...but
- Somewhat Inexpensive - 0.15\%-0.2\% plus transaction fee
- Not suitable if making a buy with each paycheck
- No transaction fee for some ETFs
- Cost normally higher than an Index Fund


## Whatever the Investment method:

- Don't Panic
- The Market Fluctuates-expect it!
- Stay the course-don't be a lemming
- 20 year study (1988-2008)
www.dalbar.com
-S\&P 500 return: 8.35\%
- Average Equity investor return: 1.87\%
- Inflation: 2.87\%
- You can create a permanent loss-only by selling


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## What about Age \& Longevity

- How long must your money last?
- How long will I live?
- How can I live longer?
- Expected Longevity:
hitp://gosset.wharton.upenn.edu/mortality/per/CalcForm.htm


## Expected Longevity -

## How long will I live?

Fill in the following form then click the button labeled "Calculate Life Expectancy",
For values which you are unsure of leave it blank or choose option 'don't know';
For values which you are unsure of, eave it blank or choose option 'don't kno
For zero values, enter " 0 ", DO NOT leave them blank
,

I am $0 \quad$ year old male $\vee$ white $\vee$
My height is inches (NOTEI! Only input inches: Eg. $5^{\prime \prime} 8^{\prime \prime}=68$ inches)
My weight is $\square$ pound
I expect to have doont know $\checkmark$ years of education
My family's total income for the past 12 months is $\square \square$ dollars
Lexpect that for most of my life $I$ will be don't know
$\square$
Compared to other people of the same age and sex as me, I am in the donit know $\checkmark$ quintile of fitmess(refer to $\mathrm{Fititness} T$ Table) dont know have at least one first degree relative (parents, sibling, children) who has a history of heart diseases
I don" know $\smile$ have at least one first degree relative (parents, sibling, children) who has a history of prostate cancer
1 d dont know V have at least one first degree ereative (parents, sibling, children) who has a history of colorectal cancer dont know Vhave at least one firstst degreee relatitive (parents, sarents, sibling, ching, childrenen) who has a history of stomectach cancer dont k kow Vhave at least one first degree relative (parents, sibling, children) who has a history of lung cancer
don't know Vof my first degree relative (parents, sibling, children) has a history of diabetes
I don't know 乙have at least one first degree relative (parents, sibling, children) who has a history of stroke
reside in don't know $\checkmark$
1 dont know $\checkmark$ been diagnosed with asthma
dont know been diagnosed with diabetes
diastolic blood pressure (the smallerfbottom number- an average adult's is about 80 ) is $\square \square \mathrm{mmHg}$

```
smoke }\square\mathrm{ cigarettes per day
My spouse smokes }\square\mathrm{ cigarettes per day
I have don't know }\checkmark\mathrm{ drinks per day
travel पthousand miles per year in an automobile
The driver of the automobile which I most frequently travel in is a don't know v
The age of the driver of the automobile which I most frequently travel in is
I don't know `regularly wear seat belts when travelling in a automobile
The automobile which I most frequently travel in don't know \ regularly keep to speeds appropriate to road conditions
The driver of the automobile which I most frequently travel in is don't know V drunk while drivin
Of the }10\mathrm{ things listed in the Stress List. }\square\mathrm{ of them happened to me in the past }12\mathrm{ months
I am a don't know
```

$\qquad$

``` of the
I work in the don't know V in
My father worked in a don't know \ job
My first regular occupation is a don't know \vee job
My c
Of the 5 types of food in the Dietary Diversity List, on average I consum
types
don't know \ than 10% of my energy intake comes from fa
don't know \ among the 15% most depressed of the population
I have had sexual partners in the past 12 months
For most of my sexual encounters, I don't know \use condoms
On average, I have प hours of sleep a day
```


## I'm convinced - what now?

- If in a company $401(\mathrm{k})$ retirement plan -
- Determine what index funds are available
- If none - ask for three low cost funds to be added: preferably Vanguard
- Small Cap (VISGX)
- Medium Cap (IVOG)
- Large Cap (VFINX or VOOG)
- Total Market Fund (VTSAX) \$10,000 min. 0.05\%

Ask about fees and expenses
Fees the fund charges
Fees your company charges/pays (who pays?)

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## I'm convinced - what now?

- If an individual retirement account -
- Open a Roth IRA account
- Set up automatic deposit from each paycheck
- 10-12\% minimum
- See previous slide for low cost funds to investigate
- Ask about fees and expenses
- Use the FINRA comparison tool to compare broker index funds


## Low Cost Index and ETF Plans...

- The following companies offer Index and ETF funds with low fees - and many ETFs with no trading fee

| - Vanguard | $800-992-8327$ |
| :--- | :--- |
| - Fidelity | $800-343-3548$ |
| - Charles Swab | $866-855-9102$ |

- Fidelity

866-855-9102

No recommendation is intended, but these companies are a good starting point for your research.

## One More Thing

- For Teenagers - \& their parents: Train

Your Kids to Invest

- When they earn their first income dollar
- Set up an Index Fund - Roth IRA
- (Custodial account)
- Offer to match each dollar they deposit
- Help them understand the broker statement
- Show them the Quick-Analysis tool - suggest they invest on paper and measure results
www.bob-adams.net/quick-analysis
- Hone an interest in investing in equities



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