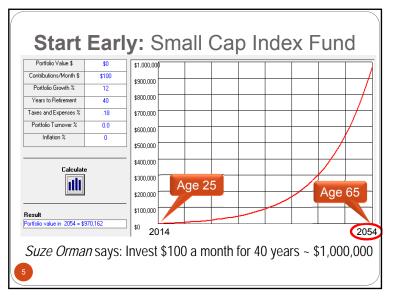
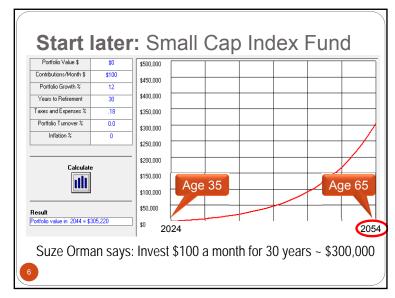


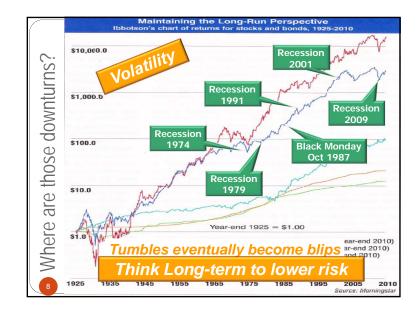
A "Set and Forget" Investment Plan

- Is it really that easy?Only if you <u>start</u>
- How well can you do?









Compare Costs and Results

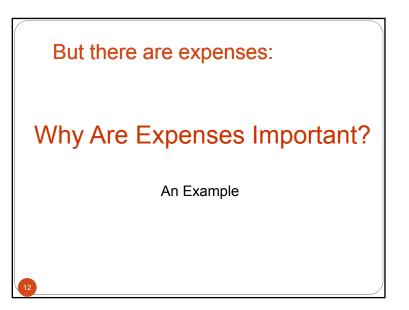
- 401(K) plan through your company
 - Index Funds
 - Mutual Funds
 - Bond Funds

www.finra.org/fundanalyzer

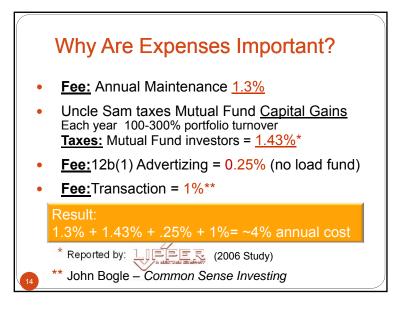
Do index funds out perform managed funds?

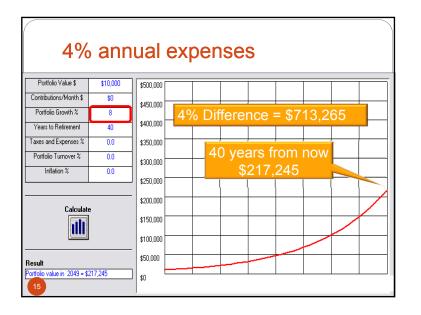
FINCA		FINRA Home At	bout FINRA	Newsroom	Search
Investors		Tools & (Calculators	Contacts	Subscriptio
Protect Yourself Smart Investing Man	ket Data				
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Fund Analyzer	alyzer Additional Inform		ditional Informa		
estimates the value of the funds and impact of fees discounts for funds.	and expenses on your investment and	aiso allows you the ability to f	oon up uppilo		available
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discounts for funds. Search Browse Screener Favorites (0) vfinx Q Your search returned 1 results.	0	Selected Funds	rge-Cap Grov	vth Fund Ret	
discounts for funds. Search Browse Screener Favorites (0) vfinx Q Your search returned 1 results.	0	Selected Funds	rge-Cap Grov	vth Fund Ref	tail Class [TIR

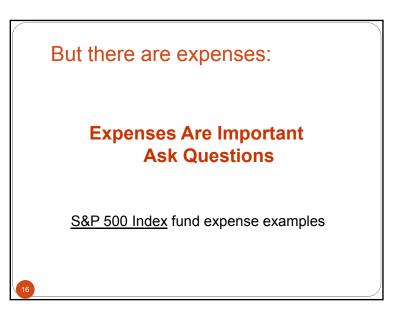
▼ Summary	0		
	TIAA-CREF Large-Cap Growth Fund Retail Class	Fidelity Magellan Fund	Vanguard 500 Index Fund Investor Class
	Data as of 10/9/2013	Data as of 10/31/2013	Data as of 10/28/2013
Ticker Symbol	TIRTX	FMAGX	ustify the
Investment Amount	\$30,000.00	10312013 FMAGX 530,0000 Did returns j higher expe	nses :
Estimated Return You Selected	10.00% (This rate of return is above historical market averages.)	10.00% (This rat	10.00% (This rate of return is above historical market averages.)
Holding Period	20	20	20
Fund Value After 20 Year(s)	\$168,919.46	\$182,256.23	\$195,079.14
Profit/Loss	\$138,919.46	\$152,256.23	\$165,079.14
Total Fees & Sales Charges	\$14,308.31	\$8,607.75	\$2,997.91
Total Fees	\$14,308.31	\$8,607.75	\$2,997.91
Total Sales	s0.00 \$14,308	\$8,607	\$0.00 \$2,997







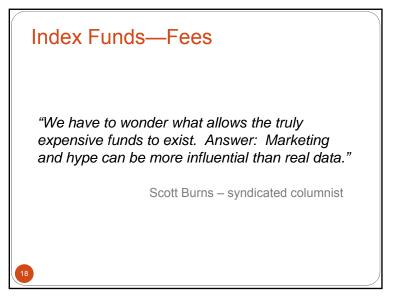




	In	dex Funds—F	ees			
		Index 500 funds	Expense ratio	w/Load charges		
	st	Fidelity Spartan*	0.07%	None		
	-ow cost	Vanguard Admiral*	0.09%	None		
	2	Vanguard Regular	0.18%	None		
	Lo	T. Roe Price	0.35%	None		
		* Minimum investment and/or specified holding period				
	st	Morgan Stanley	0.64%	1.40%		
	8	Wells Fargo	0.64%	1.39%		
	Ч	Evergreen	0.56%	1.31%		
	High cost	J. P. Morgan	0.53%	1.30%		
17		The Little Book of Com	mon Sense Inve	esting—Bogle p128		

Expenses for Index ETF (Exchange Traded Fund)

- ETF Low Annual Fee...but
 - Somewhat Inexpensive 0.15%-0.2% <u>plus</u> <u>transaction fee</u>
 - Not suitable if making a buy with each paycheck
 - No transaction fee for some ETFs
 - Cost normally higher than an Index Fund



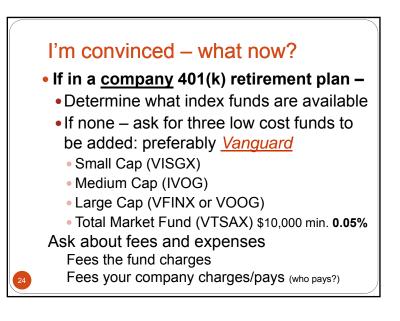
Whatever the Investment method:

- Don't Panic
 - The Market Fluctuates—expect it!
 - Stay the course—don't be a lemming
 - <u>20</u> year study (1988-2008) www.dalbar.com
 - S&P 500 return: 8.35%
 - Average Equity investor return: 1.87%
 - Inflation: 2.87%
- You can create a permanent loss—only by selling

5

Expected Longevity – What about Age & Longevity How long will I live? Fill in the following form then click the button labeled "Calculate Life Expectancy". • How long must your money last? For values which you are unsure of, leave it blank or choose option 'don't know'; For zero values, enter "0", DO NOT leave them blank • How long will I live? If you're in a hurry, try our Short life expectancy calculator I am 0 year old male V white V • How can I live longer? inches (NOTE!!! Only input inches: Eg. 5'8" = 68 inches) My height is My weight is pounds I expect to have don't know vears of education My family's total income for the past 12 months is dollars • Expected Longevity: I expect that for most of my life I will be don't know 🗸 Compared to other people of the same age and sex as me, I am in the don't know vquintile of fitness(refer to Fitness Table) I don't know v have at least one first degree relative (parents, sibling, children) who has a history of heart diseases I don't know v have at least one first degree relative (parents, sibling, children) who has a history of prostate cancer I don't know v have at least one first degree relative (parents, sibling, children) who has a history of breast cancer I don't know have at least one first degree relative (parents, sibling, children) who has a history of colorectal cancer I don't know V have at least one first degree relative (parents, sibling, children) who has a history of stomach cancer I don't know what least one first degree relative (parents, sibling, children) who has a history of lung cancer don't know vof my first degree relative (parents, sibling, children) has a history of diabetes \overline{I} don't know \checkmark have at least one first degree relative (parents, sibling, children) who has a history of stroke I reside in don't know I don't know V been diagnosed with asthma don't know ✓ been diagnosed with diabetes diastolic blood pressure (the smaller/bottom number- an average adult's is about 80) is mmHg

I smoke cigarettes per day
My spouse smokes cigarettes per day
I have don't know V drinks per day
I travel thousand miles per year in an automobile
The driver of the automobile which I most frequently travel in is a don't know 🗸
The age of the driver of the automobile which I most frequently travel in is years
I don't know vregularly wear seat belts when travelling in a automobile
The automobile which I most frequently travel in don't know 🗸 regularly keep to speeds appropriate to road conditions
The driver of the automobile which I most frequently travel in is don't know V drunk while driving
Of the 10 things listed in the Stress List, of them happened to me in the past 12 months
I am a don't know 🗸
I work in the don't know Vindustry
My father worked in a don't know Vjob
My first regular occupation is a don't know vjob
My current occupation is a don't know vjob
Of the 5 types of food in the Dietary Diversity List, on average I consume types
don't know v than 10% of my energy intake comes from fat
I don't know vamong the 15% most depressed of the population
I have had sexual partners in the past 12 months
For most of my sexual encounters, I don't know 🗸 use condoms
On average, I have hours of sleep a day
Calculate Life Expectancy



I'm convinced - what now?

- If an <u>individual</u> retirement account
 - Open a Roth IRA account
 - Set up automatic deposit from each paycheck
 - 10-12% minimum
- See previous slide for low cost funds to investigate
- Ask about fees and expenses
 - Use the FINRA comparison tool to compare broker index funds

Low Cost Index and ETF Plans...

- The following companies offer Index and ETF funds with low fees - and many ETFs with no trading fee
 - Vanguard 800-992-8327
 - Fidelity 800-343-3548
 - Charles Swab 866-855-9102

No recommendation is intended, but these companies are a good starting point for your research.

